

मंथन

Manthan

MAYFAIR



Gali Ka Khaana / Starters

Ram Laddoo 8

YELLOW LENTILS, DATES,
RADDISH



Pyaz Kachori 10

ROSCOFF ONION, MINT, TAMARIND,
SPROUTS

Beetroot Cutlet 9

PEANUT, PACHADI, VANILLA

Jackfruit Uthappam 12

RICE LENTIL PANCAKE,
SOUTHERN SPICE, CHUTNEY

Samosa Chaat 10

SOYA YOGHURT, POMEGRANATE,
WHEAT CRISP



Paneer Paratha Achaar 9

HOME-CHURNED BUTTER,
PICKLE

Scallops Amritsari 12

GRAM FLOUR, CAROM SEED,
RAW MANGO



Ghati Masala Prawns 12

SESAME, PEANUT, COCONUT,
CHILLI



Cafreal Machhi 14

SEA BASS, GOAN SPICE,
BURNT TOMATO



Chicken Buttermilk 12

PINK PEPPERCORN, GINGER,
CURRY LEAF

Kerala Beef 10

PANCAKE, COCONUT, BANANA,
SHALLOTS



Shami Kebab 12

GOAT, BONE MARROW SAUCE,
BLACK CARDAMON, PARATHA



Chatpata Chops & Tikkas / Grills

Soya Chops 12

GOOSEBERRY, YOGHURT, GREEN CARDAMON

Paneer Tikka 14

RAW MANGO, CORN CHAAT, MINT

Tandoori Salmon 16

DILL, MUSTARD, KACHUMBER



Tulsi Chicken 14

BASIL, PHILADELPHIA, SPROUT SALAD



Lamb Chops 22

INDIAN ONION, ROYAL CUMIN, MINT

Bone Marrow Sauce 4

Makhani Sauce 4



Rassedar / Mains



Jaffna Lamb 18

CURRY LEAF, BLACK PEPPER, WHOLE SPICES

Chicken Tikka Masala 18

KASHMIRI CHILLI, FENUGREEK, TOMATO

Fish Curry 18

TAMARIND, MATHANIA CHILLI, CURRY LEAF

Paneer Makhani 16

COTTAGE CHEESE, VINE TOMATO, GARLIC

Egg Kurma 12

BURFORD BROWN EGG, CURRY LEAF, STONE FUNGUS



Plantain Kofta 12

FENUGREEK, CASHEW, BLACK CUMIN



Thoda Aur / Sides

Saag Paneer 8

Wild Mustard Potato 8



Kaali Dal 8

Tawa Paratha 5

Pol Roti 5

Basmati Rice 6

Popaddums & Chutneys 5

Raita 5

Pickled Onions & Chilli 3



- Manthan Favourites

Please speak to your server for allergens information. Dishes may contain traces of allergens/nuts despite our persistent efforts.
Prices include VAT. A discretionary service charge of 15 % applies