

मंथन
Manthan
MAYFAIR

GLUTEN-FREE

GALI KA KHAANA / STARTERS

Ram Laddoo YELLOW LENTILS, DATES, RADDISH	8
Jackfruit Uthappam RICE LENTIL PANCAKE, SOUTHERN SPICE, CHUTNEY	12
Ghati Masala Prawns SESAME, PEANUT, COCONUT, CHILLI	12
Cafreal Machhi SEA BASS, GOAN SPICE, BURNT TOMATO	14
Chicken Buttermilk PINK PEPPERCORN, GINGER, CURRY LEAF	12
Kerala Beef PANCAKE, COCONUT, SHALLOTS	10

CHATPATA CHOPS & TIKKA / GRILLS

Paneer Tikka RAW MANGO, CORN CHAAT, MINT	14
Catch Of The Day MINT CHUTNEY, MUSTARD, KACHUMBER	16
Tulsi Chicken BASIL, PHILADELPHIA, SPROUT SALAD	14
Lamb Chops INDIAN ONION, ROYAL CUMIN, MINT	22

RASEDAAR / MAINS

Plantain Kofta FENUGREEK, CASHEW, BLACK CUMIN	12
Egg Korma BURFORD BROWN EGGS, CURRY LEAF	12
Paneer Makhani VINE TOMATO, GARLIC, KASHMIRI CHILLI	16
Fish Curry TAMARIND, MATHANIA CHILLI, CURRY LEAF	18
Chicken Tikka Masala BONELESS THIGH, FENUGREEK, TOMATO	18
Jaffna Lamb BONELESS, CURRY LEAFS, BLACK PEPPER	18

THODA AUR / SIDES

Saag Paneer	8
Kaali Dal	8
Wild Mustard Potato	8
Raita	5
RiceLentil Pancake	5
Basmati Rice	6

DESSERT

Payasam JAGGERY, COCONUT, PRALINE	12
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Please speak to your server for allergens information. Dishes may contain traces of allergens despite our persistent efforts.
Prices include VAT. A discretionary service charge of 15% applies.