

मंथन

# Manthan

MAYFAIR



## Gali Ka Khaana / Starters

 **Ram ~ Laddoo (v) 10**

ONION CORIANDER CHUTNEY, RADISH,  
TAMARIND

 **Pyaz ~ Kachori (v) 12**

ROSCOFF ONION, MINT, TAMARIND,  
SPROUTS

**Artichoke ~ Tikki (v) 10**

CRISPY JERUSALEM CAKE, PICKLE,  
STRAWBERRY CHUTNEY

**Jackfruit ~ Uthappam (v) 14**

RICE LENTIL PANCAKE,  
SOUTHERN SPICE, CHUTNEY

**Samosa ~ Chaat (v) 10**


SOYA YOGHURT, POMEGRANATE, WHEAT CRISP

 **Paneer Paratha ~ Achaar (v) 10**

COTTAGE CHEESE, PICKLE, MULTI-GRAIN FLOUR

**Lamb ~ Ghee Roast 14**

KAL DOSA, PACHADI, CLARIFIED BUTTER

 **Ghati Masala ~ Prawns 14**

SESAME, PEANUT, COCONUT, CHILLI

 **Fish ~ Cafreal 14**

SEA BASS, GOAN SPICE, BURNT GARLIC

 **Chicken ~ Buttermilk 14**

PINK PEPPERCORN, GINGER, CHUTNEY

**Mutton Roll ~ Sweet Chilli 12**

SPRING ROLL SHEET, COCONUT, TOMATO

 **Shami ~ Kebab 12**

GOAT, BONE MARROW SAUCE,  
BLACK CARDAMOM, PARATHA



## Chatpata Chops & Tikkas / Grills

**Soya ~ Chops (v) 12**

GOOSEBERRY, YOGHURT, GREEN CARDAMOM

**Paneer ~ Tikka (v) 14**

RAW MANGO, CORN CHAAT, MINT

**Salmon ~ Tandoori 16**

DILL, MUSTARD, KACHUMBER

 **Tulsi Chicken ~ Chops 14**

CHARRED, SPROUT, BASIL

 **Lamb ~ Chops 24**

INDIAN ONION, ROYAL CUMIN, MINT


**Duck ~ Seekh Kebab 16**

PINEAPPLE, MINCE, KASHMIRI CHILLI

**Bone Marrow / Makhani Sauce 4**



## Rassedar / Mains

 **Lamb ~ Jaffna 24**

CURRY LEAF, BLACK PEPPER, WHOLE SPICES

**Chicken Tikka ~ Masala 20**

KASHMIRI CHILLI, FENUGREEK, TOMATO

 **Venison ~ Kacchi Mirch 24**

SLOW-COOKED, GREEN PEPPERCORN, FENNEL

**Fish ~ Curry 22**

TAMARIND, MATHANIA CHILLI, CURRY LEAF

**Paneer ~ Butter Masala (v) 18**

TOMATOES, COTTAGE CHEESE, FENUGREEK

 **Bharli ~ Vangi (v) 16**

BABY EGGPLANT, POPPY SEEDS, BLACK SPICE



## Thoda Aur / Sides

Saag Makkai (v) 12

Aloo Gobhi (v) 10

 Kaali Dal (v) 9

Tadka Dal (v) 8

Plain Paratha 5

Masala Paratha 6

Pol Roti 5

Basmati Rice 5

Papadoms & Chutneys 6

Raita 5

Pickled Onions & Chilli 3

Chutney Selection 3



- Manthan Favourites (v) Vegetarian

Please speak to your server for allergens information. Dishes may contain traces of allergens/nuts despite our persistent efforts. Prices include VAT. A discretionary service charge of 15% applies