मंथन

Manthan

MAYFAIR

Gali Ka Khaana / Starters

Ram ~ Laddoo (v) 12
ONION CORIANDER CHUTNEY, RADISH, TAMARIND

Pyaaz ~ Kachori (v) 12
ROSCOFF ONION, MINT, TAMARIND, SPROUTS

Artichoke ~ Tikki (v) 12
CRISPY JERUSALEM CAKE, PICKLE, STRAWBERRY CHUTNEY

Jackfruit ~ Dosa Tacos (v) 14
RICE LENTIL PANCAKE, SOUTHERN SPICE, COCONUT

Samosa ~ Tamarind (v) 10
DATE, GINGER, POTATO, PEAS, CHUTNEY

Mattar Paneer ~ Chilla (v) 12
COTTAGE CHEESE, GRAM FLOUR, PEAS

Lamb ~ Ghee Roast 14
KAL DOSA, PACHADI, CLARIFIED BUTTER

Ghati Masala ~ Prawns 16
SESAME, PEANUT, COCONUT, CHILLI

Fish ~ Tawa Fry 14
SEA BASS, SOUTHERN SPICES, SAMBAL

Chicken ~ Buttermilk 14
PINK PEPPERCORN, GINGER, CHUTNEY

Duck ~ Parcel 14
PAN-SEARED, PICKLE, CONFIT, BERRY CHUTNEY

Shami ~ Kebab 14
GOAT, BONE MARROW SAUCE, BLACK CARDAMOM, PARATHA

Chatpata Chops & Tikkas / Grills

Kandhari ~ Soya Chops (v) 12
MIXED BERRIES, YOGHURT, POMEGRANATE

Paneer ~ Tikka (v) 14
RAW MANGO, CORN CHAAT, MINT

Salmon ~ Tandoori 16
DILL, MUSTARD, KACHUMBER

Basil Chicken ~ Tikka 16
CHARRED, SPROUT, CORIANDER

Lamb ~ Chops 28
INDIAN ONION, ROYAL CUMIN, MINT

Tandoori ~ Murgh 16
BABY CHICKEN, MINT CHUTNEY, ONION

Bone Marrow / Makhani Sauce 4

Rassedar / Mains

Lamb ~ Jaffna 26
CURRY LEAF, BLACK PEPPER, WHOLE SPICES

Chicken Tikka ~ Masala 24
KASHMIRI CHILLI, FENUGREEK, TOMATO

Venison ~ Kacchi Mirch 24
SLOW-COOKED, GREEN PEPPERCORN, FENNEL

Alleppey ~ Fish 24
RAW MANGO, MATHANIA CHILLI, CURRY LEAF

Paneer ~ Butter Masala (v) 20
TOMATOES, COTTAGE CHEESE, FENUGREEK

Neelgiri ~ Kofta (v) 18
SEASONAL VEGETABLES, JAGGERY, COCONUT

Thoda Aur / Sides

Saag Makkai (v) 12
Aloo Gobhi (v) 10
Kaali Dal (v) 10
Tadka Dal (v) 8

Plain Paratha /with Butter 5/6
Masala Paratha 6
Pol Roti 5
Basmati Rice 5

Papadoms & Chutneys 6
Raita 4
Pickled Onions & Chilli 3
Chutney Selection 3

- Manthan Favourites (v) Vegetarian

Please speak to your server for allergens information. Dishes may contain traces oof allergens/nuts despite our persistent efforts.
Prices include VAT. A discretionary service charge of 15% applies